



**MYOFASCIAL RELEASE**  
OF WEST FLORIDA

**DIRECTIONS TO OUR OFFICE**

From Interstate 75 Heading South:

-take the exit for State Road 70 (exit # 217)

-head west off exit on State Road 70

From Interstate 75 Heading North:

-take the exit for State Road 70 (exit # 217B)

-head west off exit on State Road 70

Once on State Road 70 West:

-go through the light with Tara Blvd on the left, and Creekwood Rd on the right. There is a CVS on the right corner of this intersection. This is the first light if you were coming from the north on I75, and the second light if you were coming from the south on I 75

-make your way to the left lane

-make a left onto 63<sup>rd</sup> Street E (Braden River Road) between Taco Bell and BB&T Bank

-make first right behind BB&T Bank

-We are on the left at the ComCenter building 6170

-once you go in the main entrance, we are in Suite 305, straight back and to the left.

In case you are using GPS, the address is: 6170 State Road 70 East/53rd Ave East, Bradenton, 34203

If you get lost, please call: 941.224.5859